# Lesson Plan Template

<table>
<thead>
<tr>
<th>Instructor: Lisa Hall</th>
<th>Date: June 26, 2013</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Course Title:</strong> Cosmetology</td>
<td><strong>Specific Topic:</strong> The Professional Cosmetologist</td>
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## Performance Objectives:

After completion of the lesson, students will be able to:

1. Understand the benefits of networking.
2. Understand how to present themselves as a professional.
3. Explain the elements of effective communication.
4. Develop and maintain positive human relations.

## Standards:

<table>
<thead>
<tr>
<th>CTE &amp; CCSS</th>
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<tbody>
<tr>
<td>9-10.RST.2 Determine the central ideas or conclusions of a text; trace the text’s explanation of depiction of a complex process, phenomenon, or concept; provide an accurate summary of the text.</td>
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<tr>
<td>9-10.WHST.4 Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.</td>
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<tr>
<td>CTE - FCPD02.01</td>
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<td>CTE - FCPD01.01.01</td>
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<td>CTE - FCPD06.02</td>
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## Assessment:

My First Day as a Professional Essay and Schedule

- How you will prepare (organization, food, hygiene, fingernails, transportation)
- What you will look like (hair, clothes, makeup)
- Attitude (self talk)
- Meet and Great of client or what will you do if there is no client (network)
- What I need to change in myself to be a successful professional
- Conclude with “Is this the type of professional life I want?” and why.
### Materials:

- Hand Outs
  - Stuck in the Middle with You
  - Hunt for Main Ideas
  - My First Day as a Professional questionnaire

- Salon Fundamentals textbook

### Procedure:

**Literacy Strategy used:**
- Stuck in the Middle with You
- Hunt for Main Ideas
- My First Day as a Professional essay

**Entire Class:**
- Introduction and Method of activating prior knowledge –
  - Read pages 8-9
  - Discuss and ask for examples in students’ lives

**Method of setting purpose –**

<table>
<thead>
<tr>
<th>Individual:</th>
<th>Group:</th>
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</thead>
<tbody>
<tr>
<td>Read pages 27-30 Personality hand out</td>
<td>Discuss main ideas for pages 27-30</td>
</tr>
<tr>
<td>Read pages 34-40 Personality hand out</td>
<td>Discuss main ideas for pages 34-40</td>
</tr>
<tr>
<td>Read pages 41-43 Personality hand out</td>
<td>Discuss main ideas for pages 41-43</td>
</tr>
<tr>
<td>My First Day as a Professional essay and schedule</td>
<td></td>
</tr>
</tbody>
</table>

**Entire Class:**
- Teacher shows example to entire class on choosing ideas
- Teacher shows example of My First Day as a Professional essay and schedule
- Choose the top ten main points of the entire lesson

### Application of Material:

- Hand outs
- Essay
- Guest Day
- Work Schedule

### Extension Questions:

- Is this what I want my work life to look like?

### Accommodations needed:

- Partner pairing for reading and writing
My First Day as a Professional Schedule

Work schedule 10:00am to 6:00pm
Time it takes to drive to work – 5 minutes

8:00am
Wake up and eat breakfast
Pack lunch, snacks and liquids
Make sure clothes are ready
Make sure there is time to put gas in car and go to Starbucks

8:30
Shower, hair and makeup
Check to make sure fingernail polish is not chipped
Dress – stylishly in black

9:30
Drive to work (think about the day and talk positive to myself) and get gas and go to Starbucks

9:45
Arrive at work and get station ready
Great co-workers and check my attitude

10:00
Greet Client, H/C and style

11:00
Greet Client, H/C, color and style

1:00 Break - eat lunch, rest feet and brush teeth

2:00
Great Client, H/C and style

3:00
Great Client, H/C and style

4:00
No client, fold towels, clean brushes and combs, clean station, tidy salon and back bar

5:00
No client, hand out business cards to local businesses and introduce myself to Receptionist and secretaries (network)
<table>
<thead>
<tr>
<th>Time</th>
<th>Task</th>
</tr>
</thead>
<tbody>
<tr>
<td>5:30</td>
<td>Greet client, H/C and style</td>
</tr>
<tr>
<td>6:00</td>
<td>Fold towels and ready station and salon for the next day</td>
</tr>
<tr>
<td>10:30</td>
<td>Prepare anything needed for work, iron clothes and wash face and brush teeth</td>
</tr>
<tr>
<td>11:00pm</td>
<td>Bedtime</td>
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</table>
Is this the Type of Professional Life I Want?

I can see myself living this type of professional life because it begins late and is full of social contact. By starting the day at 10:00, it will be easy for me to arrive 15 minutes early. It is important for my attitude to start the day in a slow, easy non-stress manner. My schedule has plenty of time to make each one of my clients feel special and to thoroughly listen to their needs and execute the service needed. During my non-scheduled time, I can clean, fold towels and sanitize my tools. After doing my share of cleaning, I will network with the businesses close by. The day will be filled with enough variety that I will not get bored and I will be able to interact with people and be creative. It does not get any better than this.

One thing that I know I will need to always work on is getting to work 15 minutes early. I tend to run late and not give myself enough time for mishaps or extra long lines at Starbucks etc. Keeping in mind how important it is to greet my client in a calm and stress free manner will motivate me to try harder and succeed in my career path.
Hunt for Main Ideas

Directions:
1. Read the text individually, seeking and recording the main idea in each section.
2. Work in your assigned group to reach consensus on the main idea of each section.
3. Engage in a discussion with the entire class about the main points of each section. Record any additional information.

Image, Hair Care, Skin Care, and Makeup, Hands and Feet p. 28-29
1.______________________________________________________________________________
2.______________________________________________________________________________
3.______________________________________________________________________________
4.______________________________________________________________________________

Clothing, Dress for Success, and Posture p. 30
1.______________________________________________________________________________
2.______________________________________________________________________________
3.______________________________________________________________________________
4.______________________________________________________________________________

Effective communication, Body Language, Voice/Tone, Grammar, Two-Way Communication p. 34-36
1.______________________________________________________________________________
2.______________________________________________________________________________
3.______________________________________________________________________________
4.______________________________________________________________________________
Present a Pleasant Greeting p. 36-37
1. 
2. 
3. 
4. 

Human Relations, Personality, and Attitudes p. 38-40
1. 
2. 
3. 
4. 

Habits, Attendance, Punctuality, Connect with your Client and Extend Courtesy p. 41-42
1. 
2. 
3. 
4. 

Teamwork, Ethics and Commitment to Excellence p. 42-43
1. 
2. 
3. 
4.
A pleasing personality is a tremendous asset to a cosmetologist and includes personal attributes such as:

- a good sense of humor    - vitality
- a considerate nature    - flexibility
- a positive attitude    - friendliness
- emotional control    - good manners

Directions:
Select three of the words or phrases from the graphic above and describe something that you have done or something that happened to you in the last three days that involved those personal attributes.

<table>
<thead>
<tr>
<th>Chosen word or phrase</th>
<th>Action</th>
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<tbody>
<tr>
<td>1. ____________________</td>
<td>__________________________________________________</td>
</tr>
<tr>
<td>2. ____________________</td>
<td>__________________________________________________</td>
</tr>
<tr>
<td>3. ____________________</td>
<td>__________________________________________________</td>
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</table>

Personality Attributes (List your 3 best personality attributes)
1. 
2. 
3.

Check Your Attitude
How would your best friend describe your attitude?

How would your closest living relative describe your attitude?

How would your instructor describe your attitude?

How would you describe your attitude?
Stuck In the Middle with You

Directions:

First, teacher models the entire technique from beginning to end.

Hand students hand-out with the beginning and ending sentences already typed on the paper with lines in between for them to write in their predications and eventually their summary sentences.

Students are to jot down what they think the information would be in the middle.

Predict what you think is in the middle of the two sentences.

Discuss.

Draft and Revise should be printed on the paper.
Stuck In the Middle with You

Hygiene is the science that deals with healthful living. (rough draft)

Regular Bathing

Deodorant

Mouthwash

Perfume or Cologne

Clean Clothing

What is eaten for lunch

Your personal hygiene contributes to (or detracts from!) your success.
Hygiene is the science that deals with healthful living. (final draft)

Regular bathing of the entire body ensures that your body odor is kept at a minimal level. We all produce oils that carry odor that we normally cannot smell. Fallowing regular bathing with deodorant will help to keep sweaty are pits from smelling and showing through a blouse. Another huge source of an unpleasant odor is from the mouth. Brushing your teeth after each meal and seeing the dentist on a regular basis will help to elevate offensive breath. Brushing the tongue is also important to a person’s daily routine is often over looked. Mouthwash kills germs and should be used after meals when at work. Perfume and cologne should be avoided when working with the public due to asthma and allergies. Clean clothing will help with your appearance as well as odor. After wearing an outfit for two days, the material collects oils and sweat from your body and an odor will then permeate from your clothing.

Your personal hygiene contributes to (or detracts from!) your success.

Stuck In the Middle with You

Hygiene is the science that deals with healthful living. (final draft)

Your personal hygiene contributes to (or detracts from!) your success.
Hygiene is the science that deals with healthful living. (final draft)

Your personal hygiene contributes to (or detracts from!) your success.